

Regulation IHAE-R

Las Cruces Public Schools

Related Entries: IHAE
Responsible Office: Chief Academic Officer

PHYSICAL EDUCATION

I. PURPOSE

To set forth procedures for the implementation of LCPS Policy IHAE: Physical Education.

II. GUIDELINES

- A. All physical education classes shall follow New Mexico-adopted physical education content standards approved by the New Mexico Public Education Department.
- B. P.E. classes shall meet the needs of all students, including those students who require adaptive P.E.
- C. Elementary P.E. classes shall be the same size as all other classes at the elementary level.
- D. All P.E. shall be taught by certified P.E. educators.
- E. Middle school students must take at least one full year of physical education in grades 6-8.
- F. High school students must earn one credit of physical education to fulfill graduation requirements.
- G. Physical activity should include regular physical education, co-curricular activities and recess.
- H. Schools are encouraged to provide multiple opportunities for physical activity outside the formal physical education setting.
- I. Schools are encouraged to provide brief exercise breaks throughout the school day to enhance student focus and attention.
- J. Physical activity is included as a health education topic.
- K. PE teachers, along with playground monitors and custodians, will be trained to inspect playground equipment and report any potential hazards to the building administrators.

L. Schools will not withhold PE from students as a form of punishment.

III. REVIEW

This regulation shall be reviewed on an ongoing basis in accordance with the Board of Education policy review process.



December 12, 2017

Approved, Erlinda Martinez
Chief Academic Officer

Date Approved

Legal Reference: Section 204 of Public Law 108-265 of Child Nutrition and WIC Reauthorization Act of 2004; 6.29.9.8 NMAC School District Wellness Policy

History: New regulation, adopted 11.28.07, revised 08.27.10; 07.05.11; 10.10.12; 12.12.17