POLICY IHAEA

Board of Education
Las Cruces Public Schools

Related Entries: IHAEA-R, IHEA, IHEA-R
Responsible Office: Associate Superintendent for Instruction

STUDENT WELLNESS: RECESS

I.   PURPOSE

To promote and encourage elementary-school student participation in physical activity during designated recess periods during the school day.

II.   BACKGROUND

The Board of Education recognizes that it is necessary to provide students with daily recess breaks from their classroom activities. Recess provides an important opportunity for student physical activity, which contributes to improved academic performance.

III.   POSITION

A. All LCPS elementary schools will provide students a variety of options for participation in physical activity during the school day, including recess. (See LCPS Policy and Regulation IHEA: Physical Education.)

B. Schools should provide daily recess for all students in grades kindergarten through five.

C. Daily recess should be of at least 15 minutes in length and should be scheduled mid-morning, and, whenever possible, mid-afternoon. It may be necessary to adjust the time and length of recess breaks based on grade level and other considerations.

D. Schools are recommended to provide brief exercise breaks throughout the school day to enhance student focus and attention. While recess is an important component of the school day, it may be withheld for just cause to support academic and behavioral expectations for students.

E. Careful and sufficient supervision shall be provided by all schools for all students while they are at recess.

F. Outdoor and indoor facilities shall be provided at each elementary school to ensure that recess isn't cancelled on days when the weather or other conditions prohibit students having recess outside.

IV. <u>REVIEW</u>

This policy shall be reviewed on an ongoing basis in accordance with the Board of Education policy review process.

(signature)

Board of Education, President

May 17, 2011

Date Approved

History: New policy, 5.17.11
Legal Reference: