Physical Education

I. PURPOSE

The purpose of this Policy is to ensure that the Las Cruces Public Schools provides students the opportunity to gain lifelong fitness skills through a quality physical education program.

II. POSITION

The Board of Education recognizes and supports the value of physical activity. It is the district’s position that all students have equal and equitable opportunities for physical activity and physical education in our schools. The superintendent is responsible for implementing and evaluating physical activity and physical education program improvements.

III. POSITION

A. Physical activity will be included in a school’s daily education program in grades preK-12.

B. Physical activity includes regular instructional physical education, co-curricular activities, and recess.

C. The physical education program will be planned, sequential, and aligned to the physical education content standards with benchmarks and performance standards set forth in 6.30.2.20 NMAC.

D. All schools will have appropriate class sizes, facilities, equipment, and supplies needed to deliver quality physical education in a safe environment consistent with national standards.

E. In grades preK-12, all school personnel, including coaches, sponsors, and volunteers are prohibited from using excessive physical activity (e.g. running laps, push-ups) as a consequence/punishment.

F. In grades preK-12, all school personnel, including administrators and teachers are prohibited from withholding physical education class as a consequence/punishment, unless it is allowed as part of a student Behavior Intervention Plan (BIP).
G. Schools will promote physical activity such as walking and bicycle programs.

H. For high school students, the physical education graduation requirement shall include a physical education program unit that meets state content and performance standards or participation in marching band, Junior Reserve Officer’s Training Corps, or any other appropriate co-curricular physical activity as specified through the regulation developed as part of this Policy.

I. The Superintendent of Schools shall promulgate a regulation for the enforcement of this policy.

IV. REVIEW AND REPORTING

This policy will be reviewed in accordance with the Board of Education policy review process.

Policy History: New Policy, Adopted 06.06.06; Revised 09.18.12; Revised 04.01.14
Legal Reference: 6.30.2.19 and 6.30.2.20 NMAC, Section 204 of Public Law 108-265 of Child Nutrition and WIC Reauthorization Act of 2004