

POLICY IHAM

Board of Education Las Cruces Public Schools

Related Entries: IHAM-R
Responsible Office: Deputy Superintendent for Instruction

Health Education

I. PURPOSE

The purpose of this policy is to ensure that a comprehensive health education program is implemented as an integral part of each student's general education.

II. BACKGROUND

A comprehensive school health program is an integrated set of planned, sequential, school-affiliated strategies, activities, and services designed to promote optimal physical, emotional, social, and educational development of students. The program involves and is supportive of families and is determined by the local community based on community needs, resources, standards, and requirements.

III. POSITION

- A. The health education policy shall include a planned, sequential K-12 health education curriculum that is age-appropriate and addresses the physical, mental, emotional and social dimensions of health.
- B. The curriculum, adopted textbooks, and related instructional materials shall align to all required components of the Health Educational Content Standards, as set forth in 6.29.6.1 NMAC.
- C. Instructional materials used in comprehensive health education courses shall be available for inspection by parents during school hours and a list of all textbooks and resources used in all Health Education classes shall be posted on the district web site.
- D. Parents/guardians may submit a written request stating their reason for exempting their child from a specific portion of the comprehensive health education program. If the request for the exemption is from a specific portion of the health education curriculum that concerns human sexuality, no reason must be given by the parent/guardian when requesting the exemption.
- E. Students exempt from any portion of the health curriculum shall be provided alternative assignments without penalty.

- F. The Superintendent shall promulgate a regulation for the implementation of this policy.

IV. REVIEW AND REPORTING

This policy will be reviewed in accordance with the Board of Education policy review process.



Board of Education, President

9/18/18

Date

History: New 1.30.2007; revised 11.19.13, revised 7.10.18
Legal Reference: 6.29.6.1 NMAC; 22-13-1 NMSA 1978