

# **POLICY IHAMD**

## **Board of Education Las Cruces Public Schools**

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**Related Entries:** IHAMD-R, IHAE-R, JLJ, JLJ-R  
**Responsible Office:** Deputy Superintendent

### **Nutrition Education**

#### **I. PURPOSE**

The purpose of Policy IHAMD is to ensure that nutrition education is provided in Las Cruces Public Schools in order to positively influence students' eating behaviors and to assist them in developing lifelong, healthy eating habits.

#### **II. BACKGROUND**

The Board of Education recognizes the importance of nutrition education. Quality nutrition education should focus on changing specific behaviors rather than only on learning general facts about nutrition.

#### **III. POSITION**

A. The Board supports Nutrition Education that:

1. is aligned with the New Mexico Health Education Standards as set forth in 6.29.6 NMAC;
2. is planned, sequential and age-appropriate;
3. engages students in learning activities that prepare them to choose a healthy diet;
4. is linked to the schools meals program and cafeteria nutrition promotions;
5. is not only a part of Health Education is integrated into other subjects, as appropriate; and
6. is supported by a school meals program that promotes a positive nutrition environment.

B. The Superintendent shall promulgate a regulation for the enforcement of this Policy.

**IV. REVIEW AND REPORTING**

This policy will be reviewed in accordance with the Board of Education policy review process.

*Bonnie L. Votaw*

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*Board of Education, President*

December 9, 2014

*Date*

**Policy History:** *New Policy, Adopted 05.16.06; Revised 10.21.2014*

**Legal Reference:** *6.29.6 NMAC, Section 204 of Public Law 111-296, The Healthy, Hunger-Free Act of 2010*