

POLICY JJID

Board of Education Las Cruces Public Schools

Related Entries: JJID-R, NMAA Handbook
Responsible Office: Superintendent

SPORTS PHYSICALS FOR STUDENT ATHLETES

I. PURPOSE

The purpose of this Policy is to provide an efficient and safe process for student athletes to obtain annual physicals required for athletic participation.

II. BACKGROUND

The Board of Education believes that ensuring the health of every LCPS student athlete prior to and throughout his or her participation in any school sport is essential. It is also through a collaborative, community process that athletic physicals can be provided to students at a reduced cost, thereby encouraging more students to be involved in athletics, which contributes to the education of a child.

III. DEFINITIONS

1. *“Licensed medical health care provider”* means a medical doctor, a doctor of osteopathy, a certified nurse practitioner, clinical nurse specialist, or a physician’s assistant.
2. *“Medically trained personnel”* means one who is familiar with and has received some form of training in medical practices and exams such as an athletic trainer or health aide.

IV. PROCESS

- A. Student athletes (girls and boys) and school personnel shall follow all New Mexico Activities Association guidelines with regard to obtaining their annual physicals in order for them to become or to remain eligible for participation in athletic activities. All student athletes shall use the approved district forms, available at their school, and return these forms, completed and signed by their parent/guardian, to the athletic trainer or athletic coordinator.
- B. The Superintendent shall develop a process, supervised by a school administrator or designee, whereby school personnel work cooperatively with licensed medical professionals to provide low-cost physicals to athletes.
 1. The LCPS Director of Health Services will verify that individuals conducting the physicals are licensed medical health care providers.

2. The process shall include an attendance list(s), naming: a) all licensed medical health care providers who conducted the physicals and medically trained personnel who assist with the physicals; b) all school personnel who were present; all students who obtained a physical.
 3. Records of the students' sports physicals, all appropriate forms and the attendance lists shall be maintained at the originating school site for a minimum of seven (7) school years.
 4. The Superintendent or his/her designee shall provide all appropriate employees with the protocols for conducting annual athletic physicals on school property.
 5. Any fees that may be charged by the health care provider(s) shall be paid by the student directly to the service provider.
- C. High school and middle school principals, or his/her designee, shall ensure that students who have not completed their annual athletic physicals by the mandated timeline, shall not participate in any sport(s) until the aforementioned physical has been properly completed and filed with the school's athletic trainer or athletic coordinator.
- D. Nothing in this policy precludes a student athlete from having his/her annual athletics physical conducted by his/her private physician. If such is the case, all mandated paperwork shall be completed and filed as above.
- E. The Superintendent of Schools shall promulgate a regulation for the enforcement of this policy.

V. REVIEW

This policy shall be reviewed on an ongoing basis in accordance with the Board of Education policy review process.



Board of Education, President

April 1, 2014

Date Approved

History: New Policy, 04.01.2014

Legal Reference: